

Best regards syndicals

No 25

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Dates with the European History

Good news for colleagues, mothers of young children !

Occasional teleworking till 3days/month is now possible in EP, and it should help you dealing with Wednesdays afternoon "need to stay at home" without part time salary and work under pressure. Of course, the ideal for you is the flexitime ... but this is our next target arrow !

Stay tuned , tips for successful teleworking will follow next month !



Annual exercise for promotions



GROUP DYNAMICS : Companies would benefit from helping introverts to thrive!

"Most companies worry about discriminating against their employees on the basis of race, gender or sexual preference. But they give little thought to their shabby treatment of introverts. Carl Jung spotted the distinction between introverts and extroverts in 1921. Psychometric tests such as the Myers-Briggs Type Indicator consistently show that introverts make up between a third and a half of the population"

"Susan Cain's book on their plight, "Quiet: The Power of Introverts in a World that Can't Stop Talking", has sold more than 2m copies; the TED talk based on the book has been viewed just over 14m times. And yet, if anything, the corporate approach to introverts has been getting worse."

"Many companies unconsciously identify leadership skills with extroversion—that is, a willingness to project the ego, press the flesh and prattle on in public... Yet in his book "Good to Great", Jim Collins, a management guru, suggests that the chief executives who stay longest at the top of their industries tend to be quiet and self-effacing types. They are people who put their companies above their egos and frequently blend into the background."

"Managers cannot be on top of the very latest research on personality types. Nonetheless, they should pay more attention to the way that groups of people interact when it comes to designing teams....

"THE ECONOMIST 10.09.2016



14 September
Feast of the Universal Exaltation
of the Precious and
Life-Giving Cross

CULTURAL & SOCIETAL DYNAMICS : The symbolic life

A seminar talk given by Carl Jung in 1939 to the Guild for Pastoral Psychology, London

(...) We have no symbolic life, and we are all badly in need of the symbolic life. Only the symbolic life can express the need of the soul - the daily need of the soul, mind you!

And because people have no such thing, they can never step out of this mill - this awful, banal, grinding life in which they are "nothing but." . . . Everything is banal; everything is "nothing but," and that is the reason why people are neurotic. They are simply sick of the whole thing, sick of that banal life, and therefore they want sensation. They even want a war; they all want a war; they are all glad when there is a war; they say, "Thank heaven, now something is going to happen - something bigger than ourselves!"

These things go pretty deep, and no wonder people get neurotic. Life is too rational; there is no symbolic existence in which I am something else, in which I am fulfilling my role, my role as one of the actors in the divine drama of life.

I once had a talk with the master of ceremonies of a tribe of Pueblo Indians, and he told me something very interesting. He said, "Yes, we are a small tribe, and these Americans, they want to interfere with our religion. They should not do it," he said, "because we are the sons of the Father, the Sun. He who goes there" (pointing to the sun) ~ "that is our Father. We must help him daily to rise over the horizon and to walk over heaven. And we don't do it for ourselves only; we do it for America; we do it for the whole world....

JUNG SOCIETY OF WASHINGTON www.jung.org

Editor E. Malouta -Member of the Staff Cttee 2014-2016



Anima Animus
MEN - WOMEN The Wounded Woman

"Perhaps the greatest wound the man suffers

is not to acknowledge his own wound – to be unable to weep."

"As a daughter grows up, her emotional and spiritual growth is deeply affected by her relationship to her father. He is the first masculine figure in her life and is a prime shaper of the way she relates to the masculine side of herself and ultimately to men."

"Moreover, if the father was overly weak (as in the case of a man who doesn't work or the addict), the daughter is likely to suffer from a sense of shame. And if she was ashamed of her father, she is likely to carry this sense of shame over to herself. In such cases, she often unconsciously builds up an ideal image of a man and father, and her life may become a search for this ideal father."

"In myself and in my female clients, I have found two opposing patterns that frequently result from a wounded relation to the father. And these two conflicting patterns frequently exist together in the psyche of a wounded woman, doing battle with each other. One pattern I call "the eternal girl" (or *puella aeterna*). The other I call the "armored Amazon."

"The "eternal girl," or *puella*, is a woman who psychologically has remained a young girl, even though chronologically she may be sixty or seventy years of age. She remains a dependent daughter, tending to accept the identity others project upon her. In doing so, she gives over to others her own strength as well as the responsibility for shaping her identity. Quite often she marries a rigidly authoritarian man and becomes the image of woman he wants. Often she looks and acts innocent, helpless, and passive. Or she may rebel, but in her rebellion remains the helpless victim caught in feelings of self-pity, depression, and inertia. In either case, she is not directing her own life."

"The "armored Amazon" is a contrasting pattern in the lives of many women. Since their fathers didn't give them what they needed, they find they have to do it themselves. So they build up a strong masculine ego identity through achievement or fighting for a cause or being in control and laying down the law themselves, perhaps as a mother who rules the family as though it were a business firm. But this masculine identity is often a protective shell, an armor against the pain of abandonment or rejection by their fathers, an armor against their own softness, weakness, and vulnerability. The armor protects them positively insofar as it helps them develop professionally and enables them to have a voice in the world of affairs. But insofar as the armor shields them from their own feminine feelings and their soft side, these women tend to become alienated from their own creativity, from healthy relationships with men, and from the spontaneity and vitality of living in the moment." "The woman dressed in Amazon armor is as cut off from her own center as is the eternal girl. In fact, in most women, these two patterns tend to exist together."

"For Kierkegaard, resolution and transformation come ultimately when despair in all stages is overcome through a leap of faith. In this leap one accepts at the same time one's weakness and one's strength, the intermixture of the finite and infinite realms in being human, and the realization that human beings must move between the opposites rather than identifying with an absolute."

"What is really required to relate to one's mystery is to discriminate objectively what one's own potentialities and limitations really are and to actualize their synthesis." "Quite often when there is an absent father and the mother takes on a masculine role, the daughter lacks not only a genuine masculine model, but she also has no model of femininity from the mother."

"Superstars frequently come into analysis, exhausted from work and in search of relationship. Quite often they feel men are afraid of them because they have achieved so much and are so competent. Also they often compensate for weak fathers who were unable to achieve themselves. I suspect these women are often made into sons by fathers wishing to live vicariously their own unactualized potentialities."

"The creative process offers many examples of the necessity to go down into the unconscious and remain there in weakness, perhaps in depression, boredom, or anxiety, in order to bring up the "new being," the creative attitude which can change one's life. The way to this is not a way of "doing" – which is the Amazon's usual mode of action. In my experience "not doing" is the secret." "Another aspect of transformation of the armored Amazon is freeing herself of the idea she must be like a man to have power."

"When the father image is damaged, so is the image of men. The woman tends to experience men negatively and with distrust. But the manner in which the distorted view of father and men is manifested differs for the puella and the Amazon. The Amazon tends to see men as weak and inferior, as powerless. It is she who is the strong and powerful one; it is she who is independent. Men are of little or no consequence in her world. In contrast, the puella gives up her power to men. She is the dependent one, a victim at the mercy of the powerful male. He calls the shots, while she complies either willingly or unwillingly. Having given all her power to the man, there is little left for herself, and her self-confidence and esteem are very low. Of course, in the unconscious is quite likely a huge inflation – a high and unrealistic image of herself." Linda Schiere Leonard <https://admilasuggests.wordpress.com>

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