

# Best regards syndicals No 23 July 2016

**Toxicity and HUMAN HEALTH ISSUES:** Piperonyl Butoxyde (PBO)  
[www.beyondpesticides.org](http://www.beyondpesticides.org)

A highly toxic substance that causes a range of short-and long term effects, including and adverse impacts on liver function and the nervous system, is one of the most commonly used synergists in pesticide products. PBO is frequently used, especially in aerosol products and mosquito sprays... Long-term Toxicity: The primary effect of long-term exposure in animals is an increase in liver and thyroid weight, liver and kidney damage and a decrease in body weight... Immune System Effects: Weakens the immune system by inhibiting lymphocyte response..



Time to go on summer !

## GROUP DYNAMICS : 'Projective identification & Scapegoating

*If people can be educated to see the lowly side of their own natures, it may be hoped that they will also learn to understand and to love their fellow men better JUNG*



Historically, the scapegoat originates from the biblical story of Aaron, who symbolically confessed the sins of Israel onto a goat. The animal was then banished to the wilderness and, presumably, the nation's ills expired with the beast (Rutan & Stone 1993)

Clinically, this is called projective identification. Specifically, others act out or contain externalizations of unwanted self parts (Gabbard, 2005). In some cases, the sender may elicit in others that which is projected'; in other cases, the sender may simply see the forbidden in others and try to change or control them accordingly. In this way, the projected material is less toxic and easier to manage insofar as it is "not me".

Group members do something similar—they project unwanted self aspects onto another person, then attack the "deviant" in a way that limits, skews, or terminates the latter's participation. The immediate group affect is one of relief, but it is only a matter of time before forbidden thoughts, feelings, and impulses resurface. The group then searches for a new container in which to deposit and dispose of undesirable parts. Additionally, members feel guilty for what they have done to the scapegoat (Malcus 1995) and frightened by the possibility they could be next (Skolnick, 1992).

J KELLY MORENO PH.D.

## CULTURAL & SOCIETAL DYNAMICS : Ecumenical Benefactorship



Xristodoulos GALANOS (1880-1957) was born into a virtuous farming family in Vlasti (Kozani).

He emigrated in Africa where he worked hard (in Kenya and in Tanzania) and acquired a large fortune.

Apart the numerous benefactions made to his home town of Vlasti, such as the construction of a road link with Ptolemaida, he also donated large amounts of money to the Patriotic Institute in Athens etc. He built hospital in Tanga and gynaecological clinic, hospital in Nairobi etc. His legacy divided into three parts went to :

> to his native town, where an Education Centre for farming, research and education was built, a House for tourists, etc.

> to Tanga, where a School for Agriculture functions since 1964. Built from the interests of the saved amount, gives back to society 800 graduates per year. Students cultivate the huge properties, raise cows for milk and their production is distributed to their families.

> to the British Legion, as a recognition for the role played by the British Allies forces during the 2nd World War. A residential home "GALANOS HOUSE" was built in Warwickshire, for former servicemen and women who fought in the 1st and 2nd World Wars..

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## Dates with the European History

11 April 1983 -

EP Resolution on a Community flag

Heraldic description : «on an azure field, a circle of twelve golden mullets, their points not touching »

Symbolic description : « against the background of blue sky, twelve golden stars form a circle representing the union of the peoples of Europe. The number of stars is fixed, twelve being the symbol of perfection and unity »

[www.cvce.eu](http://www.cvce.eu)



Anima - Animus  
**MEN - WOMEN**

Jorinda and Joringel : the anima under the negative effect of the Great Mother, the unconscious

Once there was a witch who lived in a castle in the depths of a thick forest. By day she took the shape of a cat or and owl, but at night she appeared as an old woman whose nose curved down to touch her chin. She would kill and eat any bird or animal that ventured near. If any human came within 100 feet of the castle, she would freeze them on the spot; they'd be unable to move until she released them. She turned innocent girls into songbirds and keep them in cages inside the castle; she had 7000 birds and counting.

A beautiful maiden named Jorinda was betrothed to a youth named Joringel. They enjoyed nothing more than spending time together, and one day they decided to walk in the woods. "We just have to stay away from the castle," Joringel said.

As the sun began to set, they heard the plaintive song of a turtledove. Jorinda began to weep while Joringel sighed and felt oppressed with sadness. He noticed the wall of a nearby castle, but before he could utter a warning, Jorinda was turned into a nightingale. An owl with flashing eyes flew around them thrice and Joringel was frozen in place, a living statue unable to move.

The owl flew into a bush and a moment later an old woman emerged to carry Jorinda into the castle. When she returned, she freed Joringel from the spell. He fell to his knees and begged the witch to return his beloved, but she only said, "You will never see her again," and departed.

Joringel wandered aimlessly in great despair. He came to an unknown village where he worked for a long time tending sheep. Sometimes he would circle the castle there but never too closely.

One night he dreamed of a blood-red flower with a beautiful pearl inside. In the dream, he was back at the witch's castle, and everything he touched with the flower was disenchanting. When he woke in the morning, he started to search for the flower. For nine days he roamed wilderness and village, and at last he found a blood-red flower with a large drop of dew inside that was as bright as any pearl.

He returned to the witch's castle, boldly strode up, and touched the gate with the flower. It flew open. He found the room where the sorceress was feeding her birds. When she saw Joringel, she was filled with rage, but she couldn't come within two feet of him. There were several hundred nightingales – how would Joringel find the right one? Then he noticed the witch sneaking toward the door with a single cage.

Joringel ran to touch both her and the cage with the flower. In an instant, Jorinda stood beside him and the witch lost her magical powers forever. After freeing the other birds, Jorinda and Joringel departed. They were married and lived with great happiness for a very long time.

<https://thefirstgates.com/>