

# Best regards syndicals No 18

*the Artemis-effect*

Women's Day 8 March 2016

*How women are changing the world ...*

28 years old Cecilia Garcia is fulfilling Artemis' role by helping young women with high-risk births and advancing women's reproductive health. While still in college, Garcia and her friends founded ESPOLEA, an NGO that helps teen mothers in poor urban areas of Mexico. «Be the change» There is no age requirement for activism, she says. ; After looking at the needs of people in our city, I thought, Why wait until I get my degree when I can do something now?..'

In Myanmar, **Colorful Girls** meet after school to consider decision-making; self-confidence, friendship building, planning for the future and the dangers of **human trafficking**-a growing threat for this age group.

by *Valerie Andrews*  
[www.jeanshinodabolen.com](http://www.jeanshinodabolen.com)

**Marcelina Mwaymuye** lives in a region along the coast of Kenya, in Killifish County, where people used to make their living from the ocean. Then the waters became over fished, and the region was plunged into poverty.

With the help of GROOTS, Mwaymuye has been learning to **plant maize and raise farm animals**, an important shift for the local economy. Last year, she started working with local fishery experts to dig a pond on her half-acre of land. She also learned how to place sacks of manure along the edges, providing enough nutrients for algae to grow and feed a school of fish.

Mwaymuye is changing the lives of her neighbors as well as helping her own family...

*'...WITH FEW EXCEPTIONS, THE GREATER THE POWER OF WOMEN, THE GREATER THE COUNTRY'S SUCCESS'*

OECD Gender Institutions & Development Database

**'Changing a child's life is the most incredible thing you'll ever have the chance to do'**

Women who identify with Artemis are likely to stay young and vigorous, and their later years are often their best and fullest. Consider **Olga Murray**, a California attorney who at nearly 60, went trekking in Nepal. While camping out in a remote mountain village, she was captivated by the children who read each night by candlelight and were so eager to go to school. 'At the time that privilege was reserved for a select few', Murray told me. 'I immediately knew that was my mission-to help them get an education.' Murray established the **Nepal Youth Foundation** that, over the next 24 years, has sent over 40.000 children to school...



*Artemis,*

*The indomitable Spirit in Everywoman*

*'The goddess Artemis is emerging with gale force in the popular culture today. These are young women who call upon their intuition, depth of feeling and courage to go beyond previous limits; who feel fear and outrage and then decide to do something about it. They are uncommonly resilient, with the ability to adapt and endure. Plus they have such a fierce commitment that cannot be subdued, a will that can't be broken. She is also likely to be a trailblazer, to delve into uncharted territory.'*

Jean Shinoda Bolen, M.D.

## **TAO TE KING** (chapter 10)

Carrying body and soul and embracing the one

Can you avoid separation ?

Attending fully and becoming supple,

Can you be as a newborn baby ?

Washing and cleansing the primal vision,

Can you be without stain ?

Loving all men and ruling the country

Can you be without cleverness ?

Opening and closing the gates of heaven,

Can you play the role of woman ?

Understanding and being open to all things,

Are you able to do nothing ?

Giving birth and nourishing,

Bearing yet not possessing,

Working yet not taking credit,

Leading yet not dominating,

This is the Primal Virtue.

Laotse

*'The Great Goddess -if under this name we sum up everything we have attempted to represent as the archetypal unity and multiplicity of the feminine nature- is the incarnation of the Feminine Self that unfolds in the history of mankind as in the history of every individual woman; its reality determines individual as well as collective life.'*

*This archetypal psychical world which is encompassed in the multiple forms of the Great Goddess is the underlying power that even today-partly with the same symbols and in the same order of unfolding, partly in dynamic modulations and variations-determines the psychic history of modern man and of modern woman.'*

*Erich Neuman/*Psychologist 1905-1960



*Woman nursing by Picasso*

