

# Best regards syndicals No 13 OCT 2015

What else could the Staff Cttee do ...



Kindly request DG PERS to revisit the recruitment conditions of contractual teachers for foreign languages or other external trainers in our Institutions in order to obtain high quality services !

## 5 October : WORLD TEACHER'S DAY

'It is very surprising', writes Boris Syrulnik\* ('The whispering of ghost: Trauma and Resilience') 'to see how teachers underestimate the effect of their person and overestimate the transmission of knowledge : many children (in psychotherapy) explain how a teacher changed the trajectory of their lives by a simple attitude or phrase, insignificant for the adult but overwhelming for the child...'

\*Neuropsychiatrist, ethologist, psychoanalyst: He named 'resilience' a paradox, an inner strength which enables some people to survive despite a severely damaged life.



*Many thanks to all colleagues, in particular those in DG PERS for their contribution – direct or indirect- to including training on Harassment during the well-being week Brussels 9-13 November*

## GROUP DYNAMICS

Projections upon others...

'We are still so sure we know what other people think, or what their true character is. We are convinced that certain people have all the bad qualities that we do not know in our selves, or that they practice all those vices which could, of course, never be our own... If you imagine someone who is brave enough to withdraw all these projections, then you get someone who is conscious of a considerable shadow... He has become a serious problem to himself, as he is now unable to say that they do this or that, they are wrong, and they must be fought against.'

(Jung Psychology & Religion Coll.Works, vol.11)

'So, basically, if there's something about myself that I don't like, or don't want to acknowledge, I can unconsciously start to see it in other people, and that makes me feel less anxious about myself and the situation. Although, depending on what I'm "projecting", it may not make the other person feel very good... and it likely will not help the relationship between us. And, in relationship, such a person would also not so easily be able to say "you do this", "you are wrong", or things of that sort.

It is mind-boggling what we project on others, and how ready we are to see in them those "shadow" parts of ourselves that we don't wish to acknowledge. We also project the characteristics of others –mother, father, sibling, etc.- on others in our lives.

On top of all that, we make purely archetypal projections: for instance, we can easily project the anima, the animus, the Wise Old Man or the Wise Old Woman...' [www.briancollinson.ca](http://www.briancollinson.ca)

## ' PROJECTIONS POISON THE RELATIONS BETWEEN INDIVIDUALS AND GROUPS OF PEOPLE '

Marie Louise von FRANZ « Reflets de l'âme »/ «Projection and Re-Collection in Jungian Psychology: Reflections of the Soul»/ «Spiegelungen der Seele, Projektion und innere Sammlung in der Psychologie CG Jung» 1978

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## The Messina Conference

*Dates with the European History*

In Messina the Foreign Ministers expressed their wish to start negotiations at both levels at once: while forms of new, partial integration –especially in the areas of transport, conventional energy and nuclear energy- needed to be examined, another objective was the creation of a common market. The ministers of the Six agreed to look into the possibility of extending European integration to all sectors of the economy.

There were rather differing and conflicting concepts of Europe at Messina: for or against supranational institutions, for or against giving the ECSC wider powers, giving priority to political or economic aspects, and so forth. Despite these differences, agreement was reached at dawn on 3 June 1955. The Six adopted a resolution in which they stated their determination to make 'further progress [...] towards the setting up of a common market and the harmonisation of their social policies'.

Determined to ensure that Europe maintained its position in the world and to restore its influence, they also set themselves the objective of progressively raising the standard of living of its population. The six ministers recognised the importance of developing nuclear energy for peaceful purposes. They therefore considered it essential to look into creating a common organisation which would have the responsibility and the facilities for ensuring the peaceful development of nuclear energy.

The Messina Conference signaled the start of the European revival. [www.cvce.eu](http://www.cvce.eu)



**MEN / WOMEN : Anima, Animus**

**Jasbinder GARNERMANN Rescuing the feminine: The problem of the Animus in Women**

'When any psychological content is unconscious it follows two courses either it becomes projected outwards onto an external object, or leads to identification with it.

While a woman's animus remains unconscious it too will follow these channels for expression. Whilst the unliberated woman will project her animus through romantic novels, stereotyped relationships and an existence lived through the men in her life, the liberated woman falls into the other side of the trap, i.e. she becomes identified with her animus and loses the vital link with her feminine identity, living on a false (for woman) masculine level..

**The Father Complex/ Redeeming the Personal Father :** Because the first carrier of the woman's animus is her father the condition and force of her personal animus will be determined by the father-complex .... The woman's main task in this process is to redeem her personal father, or rather her **inner relation to her father**. By attempting to see her father in both his dark and light side she can get out of the trap of being caught in opposite sides of a spectrum which is what gives a complex its force. The dark side of the father consists of anger, lack of control and incompleteness, the positive side offers power, generosity and creativity. But as long as the woman is caught in an idealised/rejecting pole she will be disowning elements of her own psyche....

Linda SCHIERSE LEONARD, writing in «To be a Woman» says that «ultimately, redeeming the father entails reshaping the Masculine within, fathering that side of ourselves. Instead of the «perverted old man» and the «angry, rebellious boy» we need to find the Man with the Heart, **the inner man with a good relation to the Feminine** »...

**Strengthening the Feminine :** Apart from redeeming the father and the masculine the woman, in her efforts to humanise the animus, also has to strengthen the feminine within her. This means not only **restoring value to the feminine** in the face of patriarchy and her own rejection of the feminine but also to acknowledge her female ancestors. Modern woman, in order to free herself from the shackles of subservient femininity also rejects her mother and the collective archetype of femininity. The conscious separation from the mother's model of life and marriage also separates the woman from the emotional and instinctive part of herself. So an intrinsic part of the healing will be to develop a **strong feminine container**, which can reconcile the woman to her nurturing, receptive, biological identity..'

(lahip.org/inside-out/issue-7-winter-1991)

Editor E. Malouta –Member of the Staff Cttee 2014-2016