

Best regards syndicals (No 19) March 2016

TOXICITY and HUMAN HEALTH ISSUES Chlorpyrifos : world's leading insecticide

It is used to kill insect pests by disrupting their nervous system. It is registered for household use against ants and wasps and by professional users for use in food storage areas against insects.

Symptoms of acute chlorpyrifos poisoning in humans include headache, nausea, dizziness, muscle twitching, weakness, increased sweating and salivation, and occur when cholinesterase activity has been reduced by about 50%. Effects on the central nervous system may include confusion, drowsiness, depression, difficulty concentrating, slurred speech, insomnia, nightmares, and a form of toxic psychosis resulting in bizarre behaviour.

Chlorpyrifos poses a risk of serious damage to eyes, and is irritating to skin. Poisoning via the skin can easily be misdiagnosed suggesting some cases of occupational exposure are missed. Recent research has identified immune system abnormalities in individuals following chlorpyrifos exposure... www.pan-uk.org



Youthful Folly

Childhood

Prosperous and smooth

It is not I who seek the ignorant,
The ignorant seeks me.

On the first divination, I give light

Repeating again is contemptuous.

Being contemptuous, I give no more instruction.

Favorable to be steadfast and upright.

'The complete I CHING' Master Alfred Huang

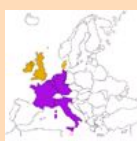


Plato (Laws 659d)

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...education is the process of drawing and guiding children towards that principle which is pronounced right by the law and confirmed as truly right by the experience of the oldest and the most just."

1973 First enlargement ..



Jack Lynch IRL-Prime Minister
'...the opportunity to realise our European heritage in a much fuller and more significant way than heretofore; the opportunity also to play a meaningful and positive role in working for peace in the world. The opportunity now before us will certainly bring its own demands and challenges. But has anything worthwhile been achieved by our nation -any nation- without effort and imagination?'



Jens Otto Krag - DK Prime Minister : 'Let me pronounce three wishes for the future of the European Communities. My first wish is that the new Member countries will add a positive element to the development of the Communities and thereby strengthen their vitality; efficiency and dynamism.

I am well aware that this implies that we too must learn to understand and respect the interests of other Member countries and in a proper democratic way solve the problems of the future in a manner satisfactory to all parties concerned and so also to the Communities....'

Dates with the European History



MEN / WOMEN : Anima, Animus When 'ego' faces the unconscious



In the deepest winter, a childless queen sat sewing at her window. She pricked her finger with the needle and blood dropped onto the snow. She thought to herself that the red of the blood looked beautiful on the snow and wished that she might have a child who was 'white as snow, red as blood and black as the ebony wood of her window frame.' Nine months later she gave birth to a little daughter who was indeed white as snow, red as blood and with hair black as ebony. However, the queen herself died in childbirth.

The king married another woman who was beautiful, but very proud and jealous of anyone who might rival her beauty. She had a magic mirror and often stood in front of it and asked, *Mirror, mirror on the wall, who in this realm is the fairest of them all?* And the mirror would answer, « *You my queen, are the most fair of all.* » With this reply, she was happy because she knew the mirror NEVER LIED.

As Snow White grew she became every day more beautiful, and then, one day when Snow White was seven years old the queen asked the mirror who was the most beautiful of all. It replied, *You, my queen, may have a beauty quite rare, But Snow White is a thousand times more fair.*

Naturally the queen was furious to hear this and she came to hate Snow White so much that she never had a moment's peace. She ordered a huntsman (Jager) to take the girl into the forest, murder her, and bring back her lungs and her liver as proof that Snow White was dead. But when the hunter had Snow White in the forest, he didn't have the heart to murder her. He let her go and killed a wild boar instead, and brought the boar's lungs and liver to the queen. The queen ordered the cook to boil them and she ate them up that very night.

Meanwhile, Snow White had run deep into the woods where she discovered the home of the seven dwarves. They were 'delirious with joy' when they discovered her in their house. They told her she could stay with them and they would provide everything she needed if she would 'keep house', cook, make the beds, wash, sew, and knit, and keep everything orderly. »

Soon the queen learned from her mirror that Snow White still lived. She was enraged and made a total of three attempts to kill Snow White. In the last attempt with a poison apple, the queen believed she had succeeded. Later when the dwarves found the lifeless body of Snow White, they felt she was too young and beautiful to bury so they placed her in a transparent glass for all to see.

In time a prince came along and fell in love with her. When he ordered his servants to carry the coffin containing Snow White to his castle, they stumbled, and jolted Snow White. The piece of poison apple that was lodged in her throat flew out, and Snow White was revived. She loved the prince in return, and at their wedding ceremony, the evil queen was punished: she was forced to put iron slippers that had been heated in a fire and to dance until she died...

Nancy van den Berg Cook, Ph.D www.cgjung-vereniging.nl



GROUP DYNAMICS : Finally Growing Up

... "it takes courage to grow up and become who you really are." However, what does being a mature adult entail?

It means psychologically and emotionally separating from our parents and others, even institutions or careers, which have previously provided a sense of security. As we individuate -choose our own path based upon our inner needs and desires -we begin to separate from past reliances. This creates a sense of loss, even fear, causing us to often stay where we are, comfortable with our past dependency and security. We remain tied to old beliefs and to others instead of venturing out on our own. (...)

When we depend upon external sources to fulfill our needs, we forfeit our responsibility for getting our needs met. We then act from a child's perspective, regressing into pouting ('poor me') or even tantrums, blaming or trying to manipulate others. We will drink, shop, and eat to numb our hurt instead of facing the discomfort. (...)

As psychiatrist Murray Bowen observed, mature adults "are able to distinguish between the feeling process and the intellectual process...and {have} the ability to choose between having one's functioning guided by feelings or by thoughts."

Emotionally mature people do not get defensive, angry or use unhealthy coping mechanisms when unpleasant situations arise. They readily explore new ideas, welcome constructive criticism, and seek to expand their self-knowledge. They are connected to and trust their inner source of wisdom and authority- a set of inner parents who benevolently support the fulfillment of their needs.

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Many thanks to AT for his contribution to Birds ☺